

CUSTOMIZE YOUR BOWL

STEP 1:

Select a Size

SM: 7.49 | REG: 9.49 | LG: 11.99 | XLG: 14.99

Mo Bryan: 19.99

STEP 2:

Select A Base

White Rice | Brown Rice | Half Rice & Romaine |

Penne Pasta (only Reg. & XL sizes)

STEP 3:

Select A Flavor

Curried Jerk (8, GF) | Jerk (8, GF)

Thai Sweet & Spicy (3) | Sesame Teriyaki (1)

Korean BBQ (1) | Sweet & Sour Pineapple (1)

Gochujang (4) | Buffalo (3, GF) | Mexican (1, GF)

Curry (3, GF) | Mango Habanero (5, GF)

BBQ (1) | Bourbon (1)

Flavor Combos (Add \$1)

Reaper Buffalo (10, GF)

Jerked Korean BBQ (7)

Jerked Bourbon (7) | Sweet Thai Curry (3)

Korean Curry (2) | Mexican Curry (2, GF)

Barbalo (2) | Curried Mango (5, GF)

Gochu Curry (4)

STEP 4:

Select A Protein

Chicken | Grilled Veggies | Shrimp (Add \$1)

Beef (Add \$1)

STEP 5:

Select A Topping

Pico De Gallo | Black Bean & Corn Salsa

Pico (No onions) | Shredded Cheddar | Feta (+\$.50)

Bacon (+\$1) | Fried Egg (+\$1)

ADDONS

Chicken (4oz) - 3.29

Shrimp (10-12) - 4.49

Steak (4oz) - 4.49

Grilled Veggies (5oz) - 3.29

Fried Egg - 1.49

Gyro Meat (4oz) - 4.49

Bacon (4pcs) - 1.99

EXTRAS

1.29 each

Chipotle Sauce (3.5oz)

Bowl Flavor/Glaze (2oz)

Side of Romaine

Shredded Cheddar (2oz)

Pico De Gallo (3.5oz)

Black Bean & Corn

Salsa (3.5oz)

Pico No Onions (3.5oz)

Grilled Pita

1.49 Each

Feta (2oz)

Ghost Peper Jack (1oz)

Tzatziki (3.5oz)

SPECIALTY BOWLS

The Original Mo Bryan (10) - 19.99

Hand mixed stoopid spiced curried jerk rice w/grilled veggies, chicken & shrimp, w/pico de gallo, topped with a fried egg & lightly dusted with a spiced coffee rub

Stir Fried - 12.99

(PICK ONE: teriyaki | Korean | Thai | Mango | Gochujang)

Stir fried veggies & chicken over seasoned rice topped with shrimpyum sauce.

(Shrimp +\$2 | Beef +\$2)

Bullrider (4) - 13.99

Steak OR Chicken w/jalapenos, onions & mushrooms, over chipotle BBQ seasoned rice w/pico & cheddar

Texan (Carnivore Bowl) - 13.99

Grilled steak & chicken over BBQ'd ranch rice topped w/cheddar & bacon

Greek - 13.99

Grilled traditional meat OR chicken w/banana peppers & onions over seasoned greek rice, topped w/pico, tzatziki & feta

Southwest Fajita - 12.99

Seasoned grilled bell peppers, onions, & chicken over seasoned rice drizzled w/chipotle sauce & pico de gallo (Shrimp +\$2 | Beef +\$2)

Curried Fajita - 12.99

Seasoned grilled bell peppers, onions, banana peppers & chicken over seasoned rice drizzled w/ chipotle sauce & pico de gallo (Shrimp +\$2 | Beef +\$2)

Cajun Yard Bird - 12.99

Seasoned grilled bell peppers, onions, banana peppers, & chicken over seasoned rice drizzled w/ chipotle sauce & pico de gallo

Spiced Coffee - 13.99

Seasoned grilled bell peppers, onions, jalapenos & Chicken over seasoned rice drizzled w/ chipotle sauce & pico de gallo



THE
Tasty Bowl
subs 'n' such

WINGS

(8) 9.49 | (12) 13.49

BBQ | Sweet & Spicy

Garlic Parmesan | Teriyaki | Buffalo

Xtra Hot Buffalo

Mango Habanero | Jerk | Curry |

Gochujang | Lemon Pepper

Sweet & Sour Pineapple

Reaper Buffalo (+\$2)

APPS & SUCH

Served with a side of creamy dipping sauce.

Spring Roll - 1.49

Shrimp Tempura (6) - 6.99

Chicken Pot Stickers (6) - 5.99

Chickern Fingers (5) - 6.49

Battered Shrooms - 4.99

Green Bean Fries - 3.99

Fried Pickles - 3.99

Select A Dip

Teriyaki | Sweet & Spicy | Buffalo

BBQ | Ranch | Honey Mustard

Bleu Cheese

Extra Dipping Sauce (3.5oz) - 1.49

GRILLED SUBS

8" Grilled Sub - 8.99

Hot Italian

Salami, pepperoni, ham w/Lettuce, tomatoes, onions, mayo, bannana peppers, Italian dressing & provolone

The Philly

Steak or Chicken w/grilled peppers, onions, mushrooms, mayo & provolone

Bullrider Philly

Steak or Chicken w/grilled jalapenos, mushrooms, onions, chipotle BBQ & provolone

Buffalo Philly

Steak or Chicken w/grilled banana peppers, mushrooms, onions, creamy buffalo & provolone
(Add reaper buffalo +\$1)

The Asian Philly

Pick ONE: Teriyaki | Korean BBQ | Thai | Curry
Steak or Chicken, w/grilled banana peppers, onions, mushrooms, chipotle & provolone

1/4LB. Burger

Lettuce, tomato, onions, ketchup, mustard, mayo & provolone on a 5" grilled bun

Gyro 7" Pita

Traditional (Beef & Lamb) or chicken, lettuce, tomato, onion, tzatziki & feta

ORDER ONLINE FOR
DELIVERY OR PICKUP

Delivery:



GRUBHUB

ezcater

Pickup:

www.tastybowlcharlotte.com

SIDES

Crispy Fries - 2.49

Onion Rings - 3.99

Spring Roll - 1.49

Kettle Sea Salt Chips - 2.29

Kettle BBQ Chips - 2.29

Kettle Habanero Chips - 2.99

Fried Pickles - 3.99

DRINKS

Fountain Drinks - Sm 1.99 | LG 2.79

Southern Sweet Tea, Unsweet Tea,
Coke, Diet Coke, Sprite, Fanta Orange,
Pink Lemonade, Dr. Pepper, Mellow
Yellow

Bottled Drinks - 3.29

Jamaican Tropical Rhythms

Island Mango, Mango Carrot, Reggae
Medley, Lychee Paradise, Island Fruit
Punch, Pineapple Ginger, Sorell Ginger

Bottled Water - 1.29

ORDER ONLINE:

tastybowlcharlotte.com

980-237-6006

2900 Westinghouse blvd.

Suite 116

Charlotte, NC 28273



REAL FOOD
REAL PEOPLE.



THE
Tasty Bowl
subs 'n' such

ORDER ONLINE:
tastybowlcharlotte.com

SALADS

Reg: 9.99 - Lg: 13.99

Chopped romaine garnished with cucumbers,
tomatoes, banana peppers, & pico de gallo.
(dressing on side)

Greek +\$1

Traditional Gyro meat OR Chicken, feta, tzatziki &
greek dressing.

Italian

Ham, salami, pepperoni, provolone & italian
dressing.

Asian

Choose from:

Chinese: Sesame Teriyaki | Sweet & Sour Pineapple |
Bourbon

Thai: Sweet & Spicy

Korean: Korean BBQ | Gochujang

Grilled chicken tossed in selected flavor & creamy
dressing.

Jamaican

Jerked chicken with a side of chipotle jerk.

Caribbean Salad

Mango Habanero glazed chicken with a chipotle
mango dressing.

Mexican

Fajita chicken, black bean & corn salsa, with
enchilada ranch.

Indian

Curried chicken with a side of chipotle curry.

American

Choose from:

Grilled chicken & bacon with creamy buffalo, Bleu
Cheese, ranch OR honey mustard.

Chicken tenders & cheddar with creamy buffalo,
Bleu Cheese, ranch OR honey mustard.

Substitute Beef \$1, Shrimp \$1